



Training Times

A Squad

Campion	Friday	21.00 - 22.00
Campion	Saturday	15.15 - 16.15
Coopers	Sunday	09.15 - 11.00
Coopers	Monday	20.15 - 21.15
Campion	Wednesday	19.30 - 21.00

B Squad

Campion	Friday	20.00 - 21.00
Campion	Saturday	15.15 - 16.15
Coopers	Sunday	Invitation only
Campion	Wednesday	19.30 - 20.30

C/D Squad

Campion	Friday	20.00 - 21.00
Campion	Saturday	15.15 - 16.15
Coopers	Sunday	Invitation only
Campion	Wednesday	19.30 - 20.30

Learn-to-swim Development

Campion	Thursday	16.00 - 16.30
Campion	Thursday	16.30 - 17.00
Campion	Saturday	14.15 - 15.15